

Meet the Growing Healthy Kids Team...

SOCIAL WORK – Deborah

The Children and Families Social Worker can provide individual or family counseling when children and caregivers are experiencing difficulties that may impact on their ability to cope with life in a happy and confident way such as feeling sad and anxious, conflict with parent/siblings, sleeping problems, fears and worries, children being clingy/withdrawn. Parenting support (group or individual) is also offered to help build close and more harmonious relationships with children. Available to parents/caregivers with children up to the age of 8 years.



OCCUPATIONAL THERAPY – Erin & Eliza

An Occupational therapist works with children and their families to improve their quality of life by helping them to participate in play, pre-school, school and home activities. *Assess and promote the development of play and learning skills, fine motor skills, visual perceptual skills, sensory processing and self-care skills.*

Works with children 0-5 years



PHYSIOTHERAPY – Belinda

The Physiotherapist works with children in relation to their balance, posture, muscle strength and flexibility, coordination and gross motor skills. eg. Running, jumping, climbing
Works with children 0-5 years



DIETETICS – Deb & Adele

A dietician aims to improve people's health by promoting a healthy lifestyle eg. Healthy eating, fussy eating/food choices and exercise.
Works with children 0 – 18years



PODIATRY – Hollie

The podiatrist's role is to prevent, diagnose and treat all disorders of the foot and lower leg, thus improving mobility and enhancing client independence
Works with children 0-18 yrs



SPEECH PATHOLOGY – Ann & Jo

A Speech Pathologist works with children who have a communication and/or feeding difficulty. This includes: language, speech, stuttering, voice and feeding.
Works with children 0-3 years

